



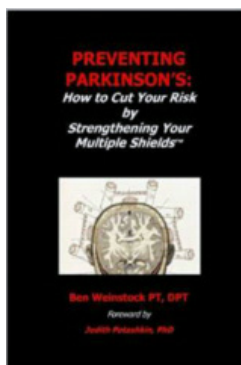
PARKINSON'S DISEASE NEWS

<http://www.viartis.net/parkinsons.disease/news.htm>

10th May 2015 - New book

PREVENTING PARKINSON'S : HOW TO CUT YOUR RISK BY STRENGTHENING YOUR MULTIPLE SHIELDS

Ben Weinstock



Publisher's description : Preventing Parkinson's is the only book available that gives readers proactive lifestyle recommendations for optimizing health and lowering the risk of developing Parkinson's Disease. With over 1,000 references, this extraordinary, groundbreaking work provides cutting-edge, evidence-based research. It is a comprehensive compilation that will benefit both lay people and medical professionals alike. Dr. Weinstock thoroughly evaluates how the synergy of diet, exercise, sleep, stress management, avoidance of toxins, prevention of head injuries, and proper medical care can reduce one's chance of developing Parkinson's Disease.

Click here for more details : <http://www.amazon.com/gp/product/0986142603>

For more books concerning Parkinson's Disease go to Parkinson's Disease books :

<http://www.viartis.net/parkinsons.disease/books.htm>

<http://www.viartis.net/parkinsons.disease/news/150510.pdf>

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