



## PARKINSON'S DISEASE NEWS

<http://www.viartis.net/parkinsons.disease/news.htm>

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### THE MODIFIED RANKIN SCALE FOR ASSESSING PARKINSON'S DISEASE

Journal of Clinical Neuroscience [2013] Jun 26 [Epub ahead of print] (T.Simuni, S.T.Luo, K.L.Chou, H.Fernandez, B.He, S.Parashos)

An exploratory analysis was conducted in to the use of the modified Rankin Scale (mRS) as a global measure of disability in early Parkinson's Disease. For more information go to the Modified Rankin Scale : <http://www.rankinscale.org/> The mRS assesses the level of disability caused by neurological disorders. It is scored 0-6 with lower scores reflecting less disability :

0 - No symptoms

1 - No significant disability : Able to carry out all usual activities, despite some symptoms.

2 - Slight disability : Able to look after own affairs without assistance, but unable to carry out all previous activities.

3 - Moderate disability : Requires some help, but able to walk unassisted.

4 - Moderately severe disability : Unable to attend to bodily needs without assistance. Unable to walk unassisted.

5 - Severe disability : Requires constant nursing care and attention, bedridden, incontinent.

6 - Dead

The association of the Modified Rankin Scale was compared with Parkinson's Disease related assessments : the Unified Parkinson Disease Rating Scale (UPDRS), cognitive function characterized by the Symbol Digit Modalities - verbal, Scales for Outcomes in Parkinson's disease - cognition (SCOPA-COG), quality of life (Parkinson's disease questionnaire (PDQ-39), EuroQOL, Beck Depression Inventory II (BDI), and Total Functional Capacity (TFC). All of the measures except SCOPA-COG had a significant association with the modified Rankin Scale thereby demonstrating its significance to Parkinson's Disease.

<http://www.viartis.net/parkinsons.disease/news/130707.pdf>

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