



## PARKINSON'S DISEASE NEWS

<http://www.viartis.net/parkinsons.disease/news.htm>

14th March 2013 - New research

### BEING OVERWEIGHT IS MORE PREVALENT IN PARKINSON'S DISEASE

Arquivos de Neuropsiquiatria [2012] 70 (11) : 843-846 (H.Morales-Briceño, A.Cervantes-Arriaga, M.Rodríguez-Violante, J.Calleja-Castillo, T.Corona)

Underweight and malnutrition are well documented in Parkinson's Disease (PD), while being overweight has been less reported. Researchers carried out a study comparing the weight and height of people with and without Parkinson's Disease. In those people with Parkinson's Disease only 1% were underweight, 33% were within the normal range, 47% were overweight, and 19% were obese. Being normal weight and overweight were more prevalent in those people who had Parkinson's Disease when compared to those people who did not. Being obese and, even more so, being underweight were more common in those people who did not have Parkinsons' Disease.

<http://www.viartis.net/parkinsons.disease/news/130314.pdf>

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