



## PARKINSON'S DISEASE NEWS

<http://www.viartis.net/parkinsons.disease/news.htm>

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### HERBAL MEDICINES FOR PARKINSON'S DISEASE

PLoS One [2012] 7 (5) : e35695 (T.H.Kim, K.H.Cho, W.S.Jung, M.S.Lee)

<http://www.ncbi.nlm.nih.gov/pubmed/22615738>

Researchers conducted a systematic review to evaluate the current evidence of herbal medicines for treating Parkinson's Disease. Most herbal medicines are drugs in their natural form. All possible databases were used in assessing the efficacy of herbal medicines. This included controlled clinical trials and randomized crossover trials. From over 3000 studies in the medical literature, 64 clinical trials were assessed. The researchers did not suggest overall estimates of the effects on Parkinson's Disease because of the wide variety of herbal recipes used. When compared with the effects of a placebo, herbal medicines were not clearly found to have any effect on Parkinson's Disease. Direct comparison with conventional drugs suggested that there was no evidence of herbal medicines being any better either.

<http://www.viartis.net/parkinsons.disease/news/120517.pdf>

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