HOEHN AND YAHIR
STAGING OF PARKINSON'S DISEASE

Stage One

1  Signs and symptoms on one side only
2  Symptoms mild
3  Symptoms inconvenient but not disabling
4  Usually presents with tremor of one limb
5  Friends have noticed changes in posture, locomotion and facial expression

Stage Two

1  Symptoms are bilateral
2  Minimal disability
3  Posture and gait affected

Stage Three

1  Significant slowing of body movements
2  Early impairment of equilibrium on walking or standing
3  Generalized dysfunction that is moderately severe

Stage Four

1  Severe symptoms
2  Can still walk to a limited extent
3  Rigidity and bradykinesia
4  No longer able to live alone
5  Tremor may be less than earlier stages

Stage Five

1  Cachectic stage
2  Invalidism complete
3  Cannot stand or walk
4  Requires constant nursing care